

*St Joseph's*

NEWTON LEYS



POD

*a guide*

# ***We believe in the power of meeting together***

Jesus called us to live and work together.

There's great power in meeting as a group of three or so, & walking together in life – if only for a season – to support and encourage each other to grow.

Remember, when Jesus sent the disciples out, they went out with others, not just on their own.

We call these P.O.Ds –

## ***Pockets of Disciples***

This leaflet is full of suggestions on how you might structure a time together around:

**UP:** ***ourselves & God***  
**IN:** ***ourselves & the church***  
**OUT:** ***ourselves & the world that  
doesn't yet know Jesus***

Don't try to do everything all in one session: take time to go deeper with one thing each time you meet. Rotate through the material over time. It may only scratch the surface, but we hope this is a blessing to you!

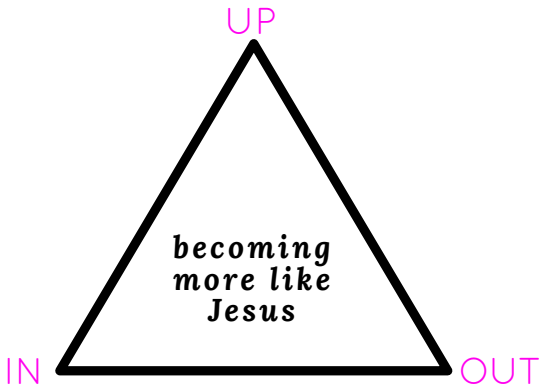
# F.A.Qs

*Q. Life is already pretty busy: do I really have to do this on top of everything else?!*

A. This should be a blessing, not a burden. Meet to support and encourage each other for an hour, once a fortnight & we truly believe POD could see you grow and thrive. That's a lot for *1* in every 336 hours!

*Q. Is this a replacement for Church?*

A. No, but it's a part of it. You get different things from meeting with different size groups. With 3 or 4 others, there's an intimacy that can enable you to support, encourage and challenge each other. Yet it couldn't replace belonging to a larger community too, where you can *live out* our calling as followers of Jesus.



The Triangle | *Getting it all in balance*

# DISCIPLESHIP QUESTIONS

**Focus on *one section* each time you meet, making sure you don't shy away from one area all the time.**

**Firstly begin with a prayer, and then take a moment in quiet to pick *one question* you feel God is prompting in you.**

**Perhaps use the Kairos Moment questions to help you work through what you're thinking.**

## UP

Do I make enough space for prayer?

Do I feel like I've heard from God recently?

Do I pursue intimacy with Jesus?

When God speaks, do I listen?

Can I see the Holy Spirit at work in my life?

Am I living in a state of peace or nervousness?

Am I becoming more like Jesus?

Is time with God a pleasure?

# IN

Am I resting enough?

How are my relationships with my friends?

Do I keep my promises?

Am I discipling others?

Do I love being a part of the church family?

Do I have a good work/rest balance?

Am I 'available' to others?

Is my family happy?

# OUT

Am I passionate for others to know Jesus?

How often do I share my faith?

Am I proud of my faith or ashamed?

Am I being God's hands & feet in the world?

Can I recognise people of peace?

Am I stepping out of my comfort zone?

Do I pray for others?

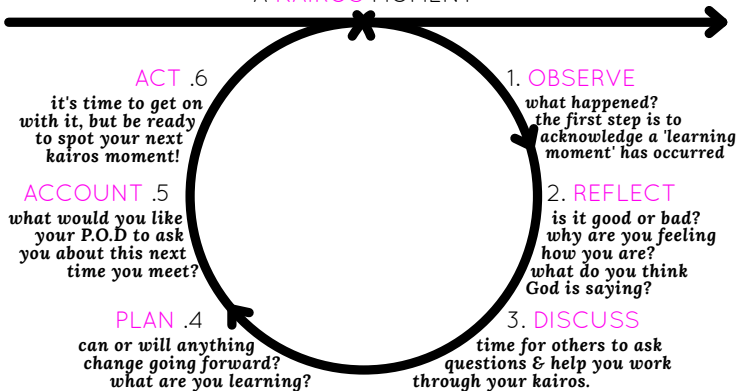
Do I care about God's world?

# KAIROS MOMENTS

*Kairos* simply means – a specific moment in time. There are times in our lives when something *happens* (positive or negative) that can mean one of two things: you can carry on the same; or you could stop and see whether God might use this moment to *draw* you closer to Him or *grow* you closer to Him. These *Kairos moments* are important.

Using the Discipleship questions or a Kairos moment from your life, discuss together with the following basic structure:

A *KAIROS* MOMENT



# BIBLE DISCOVERY

**Pick a bible story or passage of around 10-15 verses and read it together *twice*.**

**Now put your bibles down and try to *re-tell it from memory*.**

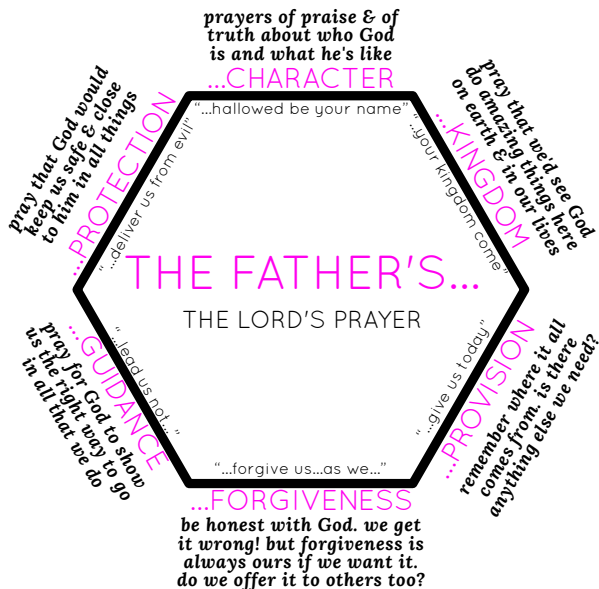
Then discuss:

1. What does this passage tell us about God, Jesus, people and life?
2. Does it give us any promises, principles, commands or warnings?
3. What is God saying to me through this, and what will I do about it?
4. Who can I share what I have learnt here with, over the next week?

TIP:

**You can choose any passage of scripture but if you're unsure of where to start, try reading John's gospel a chapter at a time.**

# PRAYER



Make sure you leave space to pray for each other and for other situations on your heart. Pray too for friends, family & those who don't yet know Jesus.

Above is a guide, based around the Lord's Prayer, to help direct us as we pray & **learn to pray** more. Perhaps pick **one area** at a time.